

DILLON SYNOVEC MEMORIAL RUN

JULY 4, 2009, MURDOCK, NE, 7:00 AM

**6K AND 1 MILE RUN/WALK
PETS ON A LEASH ALLOWED**

In memory of avid runner Dillon Synovec who tragically lost his life in October 2008. All proceeds go to the "Dillon and Tyler Memorial Fund" to establish a peaceful setting at "Twinkie's Pond".

**Medals given to 1st-3rd place
in five categories:**

**6K: 19 and over: Men's, Women's
18 and under: Boy's, Girl's**

**1 Mile: 19 and over: Men's, Women's
18 and under: Boy's, Girl's
12 and under: Boy's, Girl's**

Race winners are invited to walk in the "Winners" unit of the Murdock 4th of July parade which is from 11am - 12pm. Everyone is invited to stay for all day festivities. A complete schedule is available at www.elmur.org.

Entry Fee: \$20

includes a T-shirt, for registrations received by June 29th.

**Late and Race Day Registration:
\$25** includes a T-shirt as available.

Registration check in begins at 6:15am at the high school in Murdock.
(West edge of Murdock on Wyoming Street)

- Restrooms available
- Post Race Fruit/Food
- Water Stations
- Noncertified race
- Race clock will be provided
- Winners will be timed.

**Registration forms below
and at www.elmur.org.**

Name _____ Age on 7/4/09 _____ Male/Female _____

Address _____

City _____ State _____ Zip _____

Phone: _____ email: _____

I hereby waive & release all rights and damages against the Dillon and Tyler Memorial Fund, the Village of Murdock, the Elmwood Murdock Public Schools and all meet official for any injuries suffered by me in connection with this event. I understand the demands of running this distance and am in physical condition to participate in this event.

Signature _____ Date _____ Parent/Guardian Signature _____ Date _____
(Parental consent required for participants ages 18 and under).

Paid registrations received by June 29 are guaranteed a race t-shirt. Please state size of T-Shirt: (circle one)

XXL XL L M S Youth-L Youth-M

Mail entries to, and direct questions to:

Julie Synovec • 402-867-2267 • 402-416-6516 • julie.e.synovec@us.army.mil

P.O. Box 142 • Murdock, NE 68407

More forms and all day event schedule available at www.elmur.org



“RUNNING WITH THE ANGELS”